

ROCHESTER AREA MOUNTAIN BIKE TEAM

Eligibility and Behavior Standards Information for Participating in RMBT Activities

Academic Eligibility

Student athletes must maintain satisfactory progress towards graduation. All student athletes should have achieved the following number of credits at the end of each semester to maintain eligibility.

Freshman Year:

End of 1st Semester 3 credits
End of 2nd Semester 6 credit

Sophomore Year:

End of 1st Semester 9 credits
End of 2nd Semester 12 credits

Junior Year:

End of 1st Semester 15 credits
End of 2nd Semester 18 credits

Senior Year:

End of 1st Semester 21 credits
End of 2nd Semester 24 credits

First quarter freshman and middle school students must maintain passing grades in all classes. All cases falling below this level will be reviewed by the administration. If a student is failing, the administration will intervene and develop a plan of action to assist the student. Students who are more than one (1) credit deficient are academically ineligible. Students who are deficient one (1) or less may be placed on a contract. The contract may include any of the following options:

- a. Full participation with conditions
- b. Practice without competition
- c. Total non-participation

Student athletes considered to be Division I or II scholarship prospects are reminded that there are course requirements to be eligible for scholarships. Contact your Guidance Counselor.

Parent/Guardian(s) are to ensure the student have passing grades. The parent/guardian should communicate to the coach if the student is having difficulty maintaining passing grades. Parent/guardian or the coach may withhold the student athlete from practice and/or race if he/she is not maintaining passing grades.

Attendance and Behavior Standards

Athletes are expected to abide by all school attendance and behavior guidelines. Participation in extracurricular activities is a privilege offered to students in good standing. Athletes are expected to be in class as scheduled. Unexcused absences may result in exclusion from the next event. Athletes may be excluded from events or activities due to behavior unbecoming that of an athlete or for a violation of the school's rules of conduct. A felony conviction will have a penalty no less than that for a second chemical violation. This determination will be made by the Coach, Athletic Director and Building Principal or Assistant Principal.

Mood-Altering Chemicals

A. Philosophy and Purpose

The Rochester Area Composite Mountain Bike Team recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of related skills. Others are affected by the misuse and abuse of family, team members or other significant persons in their lives.

B. Rule

During the calendar year, regardless of the quantity, a student shall not: 1) use or have in possession a beverage containing alcohol; 2) use or have in possession tobacco; or, 3) use or consume, have in possession, buy, sell, or give away any other controlled substance. The rule applies during the entire year including the summer months. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own use by her or his doctor.

C. Penalties for Activities

a. First Violation

Penalty: After confirmation of the first chemical violation, the student shall lose eligibility for 50% of the scheduled regular season events of the activity season in which the student is a participant. Any percent of an unfulfilled suspension will be applied in the next season the student participates in. The first possession violation will result in a suspension of 2 weeks or 2 events, whichever is greater.

b. Second Violation

Penalty: After confirmation of the second chemical violation, the student shall lose eligibility for one calendar year.

c. **Third Violation**

Penalty: After confirmation of the third and subsequent violations, the student shall lose eligibility for further participation.

Racial, Religious, Sexual Harassment/Violence and Hazing

A. During the school year, a student shall not participate in hazing or violate the racial/religious/sexual harassment and/or racial/religious/sexual violence expected code of conduct. Respect is provided to everyone.

B. Types

1. Racial Harassment
2. Racial Violence
3. Religious Violence
4. Assault
5. Sexual Harassment
6. Sexual Violence
7. Hazing

C. **Penalties – Racial/Religious/Sexual Harassment and Hazing Violations:**

a. **First Violation:**

After determination of the violation, a student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks of a season in which the student is a participant, whichever is greater.

b. **Second Violation:**

After determination of the second violation, the student shall lose eligibility for the next six (6) consecutive interscholastic contests in which the student is a participant or three (3) weeks, whichever is greater.

c. **Third Violation:**

After determination of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests in which the student is a participant or four (4) weeks, whichever is greater.

As a student I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my actions and the consequences of my actions
- I will respect the property of others.
- I will be responsible for all equipment issued to me and will return it at the conclusion of the season.
- I will respect and obey the rules of my school and the laws of my community, state and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

The student and parent/guardian authorize the release of documents and other pertinent information by the school and RMBT in order to determine student eligibility.

The student and parent/guardian authorizes RMBT to use my name, photos, video or other record of my participation connected to the RMBT to promote the programs with media and Internet.

ROCHESTER MOUNTAIN BIKE TEAM

Eligibility and Behavior Standards Information for Participating in RMBT Activities

I have read, understand and acknowledge receiving the Eligibility Information and Behavior Standards of the RMBT.

As a student participating in RMBT activities I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my actions and the consequences of my actions.
- I will respect the property of others.
- I will be responsible for all equipment issued to me and will return it.
- I will respect and obey the rules of RMBT, my school and the laws of my community, state and country.
- I will show respect to those who are responsible for enforcing the rules of RMBT, my school and the laws of my community, state and country.

As a parent/guardian of a student participating in RMBT activities, I understand and accept the following responsibilities:

- I will conduct myself with proper etiquette and follow the student guidelines as mentioned above.
- I will respect the coaches, league and NICA staff.
- I will follow the race rule set by the league and NICA.

The student and parent/guardian authorize the release of documents and other pertinent information by the school and RMBT in order to determine student eligibility.

The student and parent/guardian authorizes RMBT to use my name, photos, video or other record of my participation connected to the RMBT to promote the programs with media and Internet.

Print Students Name: _____ Date: _____

Signature of Student: _____

Print Parent/Guardian Name: _____ Date: _____

Signature of Parent/Guardian: _____